

# SOCIAL DETERMINANTS OF HEALTH (SDOH)

To make an impact on improving health equity and providing more patient-centered care, it is necessary to better understand and address the underlying causes of poor health. Addressing social determinants of health, also known as Non-Medical Drivers of Health, is considered one of the key principles for promoting more equitable health outcomes for patients, families and communities.



## There are ways that Providers and other allied health workers can act on the social determinants of health. Providers should:

- Ask patients about social challenges in a sensitive and caring way
- Refer patients and help them access benefits and support services
- Improve access and quality of care for hard-to-reach patient groups

## El Paso Health helps improve the conditions in people's environments by:

- Providing transportation to medical appointments, health education classes and Member Advisory Group meetings.
- Having a monthly food distribution event at El Paso Health facility
- Contributing with an excellent group of Case Managers with resources to help members



**El Paso Health**  
HEALTH PLANS FOR EL PASOANS. BY EL PASOANS.